UW Medicine UNIVERSITY OF WASHINGTON MEDICAL CENTER



Medicines to Avoid Before Surgery

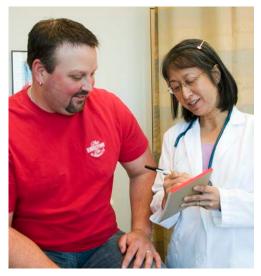
When your doctor tells you to avoid certain medicines or supplements, to prevent bleeding problems

This handout lists specific medicines and supplements that you should avoid before your surgery. Please review with your doctor all medicines that you are taking.

Getting Ready for Surgery

To prevent bleeding problems, your doctor may want you to stop taking some prescription, nonprescription, and herbal medicines before your surgery.

Review with your doctor all medicines and supplements you are taking.



Before your surgery, make sure you review with your doctor all medicines and supplements you are taking.

IMPORTANT: Talk with your doctor BEFORE you stop taking these prescription anti-platelet drugs used to prevent blood clots, heart attack, or stroke:

• Aspirin

- Dipyridamole/aspirin (Aggrenox)
- Clopidogrel (Plavix)
- Prasugrel (Effluent)
- Dipyridamole (Persantine)
- Ticagrelor (Brilinta)

IMPORTANT: These prescription anticoagulant (bloodthinning) drugs require special instructions before you stop or restart taking them. Ask your doctor or Anticoagulation Clinic for instructions.

- Apixaban (Eliquis)
- Enoxaparin (Lovenox)
- Dabigatran (Pradaxa)
- Fondaparinux (Arixtra)
- Dalteparin (Fragmin)
- Rivaroxaban (Xarelto)
- Edoxaban (Savaysa)
- Warfarin (Coumadin)

Avoid the Products Listed Below

You will need to avoid the products l after surgery . Here are your specif	listed below in the days before and fic instructions from your doctor:
• Stop taking the products listed in surgery.	this handout days before your
• You may resume taking these pro	ducts days after your surgery.
• You may take acetaminophen (Ty pains.	lenol) as needed for minor aches and
Please note that the lists in this products or supplements may also cayour doctor if you have questions about	01
☐ Prescription pain-relief do other salicylates:	rugs that contain aspirin or
 Ascomp with codeine 	- Percodan products
 Carisoprodol compound 	 Salsalate products
- Empirin with codeine	- Soma products
- Fiornal	 Trisalicylate products
- Lanorinal	- Zorprin
 Prescription pain-relief de nonsteroidal anti-inflame 	<u> </u>
- Diclofenac (Volataren,	- Mefenamic Acid (Ponstel)
Cataflam)	- Meloxicam (Mobic)
- Etodolac (Lodine)	- Nabumetone (Relafen)
- Fenoprofen (Nalfon)	- Naproxen (Naprosyn,
- Flurbiprofen (Ansaid)	Anaprox)
- Ibuprofen (Motrin)	 Oxaprozin (Daypro)
 Indomethacin (Indocin) 	 Piroxicam (Feldene)

- Meclofenamate (Meclomen)

- Ketorolac (Toradol)

- Ketoprofen (Orudis, Oruvail)

- ☐ Other prescription pain-relief drugs:
 - Celecoxib (Celebrex) Valdecoxib (Bextra)

- Sulindac (Clinoril)

- Tolemetin (Tolectin)

■ Nonprescription products that contain aspirin or salicylate:

Alka-Seltzer productsEmpirin

AnacinExcedrin products

Bayer products
 Buffasal
 Bufferin
 Buffinol
 Fem-prin
 Halfprin
 Miniprin
 Pain-off

- Doan's - Pepto-Bismol

- Durlaza - Saleto

EcotrinSt. Joseph Adult

- Ecpirin - Vanquish

■ Nonprescription products that contain nonsteroidal anti-inflammatory drugs:

Advil products
 Midol Extra Srength

Aleve productsMotrin

Ibuprofen productsNaproxen

Herbal Products and Other Natural Supplements

Starting 7 days before your surgery, stop taking **ALL**:

- Herbal products
- Natural supplements
- Vitamins
- Other supplements

You may start taking them again when your doctor says it is OK.

On the next page is a list of foods, herbs, and natural products that may cause extra bleeding. **These products are especially harmful to take if you are having surgery.**

☐ Foods, natural supplements, and herbs that may cause bleeding problems during and after surgery:

- Dandelion - Agrimony Onion

Alfalfa Danshen (salvia) **Pantethine**

Aniseed Devil's claw Papain (papaya extract)

Dihydroepiandrosteroe Arnica (DHEA) Parsley

Artemesia

Dong quai (angelica) Passionflower Asa foetica Fenugreek Policosanol

Bishop's weed **Feverfew Poplar** Bladderwrack

Fish oil Prickly ash **Bochu**

Flax seed Quassia **Bogbean**

Gamma linoleic acid Red clover **Boldo**

Garlic Resveratrol **Bromelains**

Sea buckthorn Ginger Burdock

Ginkgo Sweet clover **Capsicum** Sweet woodruff Ginseng

Cassio

Tonka beans Glucosamine Celery seed

Horse chestnut Turmeric Chamomile

Horseradish Vinpocetine Chinese wolfberry Licorice Vitamin E

Chondroitin Wild carrot Meadowsweet

Wild lettuce

Melatonin

Cod liver oil Melilot Willow bark

Coltsfoot Nattokinase

Clove

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

UWMC Outpatient Pharmacy: 206.598.4363

SCCA Pharmacy: 206.288.6500