

Referral Information

UW On-Campus Services

Psychological Services and Training Center	(206) 543-6511
Hall Health	(206) 616-2495
UW Counseling Center	(206) 543-1240

Community General / Mental Health Referral Information

Asian Counseling and Referral Service	(206) 695-7600
Catholic Community Services	(206) 328-5696
Community Information Line	(206) 461-3200
	(800) 244-5767 (24 hrs)
Consejo Counseling and Referral Service	(206) 461-4880
Evergreen Healthcare – In Home Mental Health Program	(206) 215-2850
Jewish Family Services	(206) 461-3240
Seattle Counseling Service for Sexual Minorities	(206) 323-1768
Women’s Referral Center	(206) 770-0156

Alcohol Referrals

Al-Anon/Alateen	(206) 625-0000 (24hrs)
Alcohol and Drug 24-Hour Help Line	(206) 722-3700
	(800) 562-1240 (24hrs)
Alcohol/Drug 24-Hour Teen Line	(206) 722-4222 (24hrs)
Alcoholics Anonymous	(206) 587-2838 (24hrs)
King County Mental Health, Chemical Abuse and Dependency Services	(206) 296-7615
Seattle/King County Alcohol and Other Drug Prevention	(206) 296-7626

Crisis / Trauma Referrals

Harborview Center for Sexual Assault and Traumatic Stress	(206) 744-1600
King County Crisis Clinic	(206) 461-3200 (24hrs)
24 Hour Crisis Line	(866) 427-4747
King County Sexual Assault Resource Center	(888) 998-6423
National Suicide Hotline	(800) 273-8255

Online Resources / Information

Nat. Institute on Alcohol Abuse and Alcoholism	http://www.niaaa.nih.gov/
Alcohol and Drug Abuse Institute – WA State	http://depts.washington.edu/adai/wa/index.html
Center for Sexual Assault & Traumatic Stress	http://depts.washington.edu/hcsats/
Violence Against Women Prevention Research Ctr.	https://mainweb-v.musc.edu/vawprevention/
National Institute of Mental Health	http://www.nimh.nih.gov
VA National Center for PTSD	http://www.ptsd.va.gov