

VOL. 2.5 - MAY 2022

E-NEWSLETTER



COMMUNITY EVENTS

Q CENTER & FRIENDS

Gayme Night

Q Center

May 19th, HUB 315, 5:30 to 8 PM

Interpreting Intersectionality

Q Center

April 20th, HUB 307, 2 to 3 PM

NON-AFFILIATED EVENTS

Queer Health Night

Queer Student Commission

May 25th, HUB 106, 6:30-8:30 PM

All Grad School Queer Student Mixer

May 16th, PACCAR Hall, 5:30-8 PM



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Out (Skincare)

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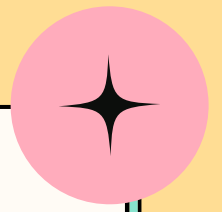
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UW Q CENTER

FOOD & MUSIC



KOREAN CORN CHEESE

BY EDEN AU NGUYEN

Hello everyone!
Here is a super quick and easy recipe that my partner and I make all the time: Korean Corn Cheese! This dish is hot, gooey, savory, a little sweet! Hope you enjoy :3

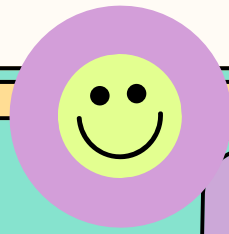
Ingredients: 1 can of unsalted corn, salt, 1 tbs unsalted butter, 1/4 cup mayonnaise, 1 tbs of sugar, 5 to 6 ounces mozzarella cheese, cayenne pepper (optional)

Step 1: Heat up a pan and add the butter and corn. Stir and cook for 2 to 3 minutes until the corn absorbs all the butter.

Step 2: Remove from the heat and cool it down a little. Add the mayonnaise and sugar and mix well. If you'd like, add cayenne pepper for a little heat.

Step 3: Add the cheese on top of the corn and cover it with a pan lid for 2-3 minutes until cheese is melted.

Step 4 (Optional): Add more cayenne pepper on top of the cheese and enjoy!



MAY PLAYLIST

BY Q CENTER STAFF

Featuring: Lizzo, Noname, Remi Wolf, CHIKA

SUN'S OUT, BUN'S OUT— BUT WITH PROTECTION

BY BAO NHI NGUYEN

Why even use sunscreen/SPF?

Our skin is the largest organ of our body, so think of SPF as a preemptive vitamin that keeps our skin healthy and possibly glowing

The sun is still there (beaming it's harmful ultraviolet radiation) whether we get much of it, or oftentimes NOT when you're in Washington. So lather up!!!

Benefits of sunscreen/SPF

Aside from protecting your skin from burning under UV rays, SPF keeps your skin from premature wrinkles and fades hyperpigmentations left by blemishes and/or any skin abrasions.

Pssst... did you know that you're practically reducing the effectiveness of any skincare products you use to treat wrinkles, blemishes, or signs of aging if you're not using an SPF? Again, lather up!!!

So then how do I begin to use sun protection/SPF in my routine?

Ideally, you'll want to implement an SPF in your morning skincare routine—when you're most exposed to the sun. There are 2 formulations of sunscreens to consider

- **Chemical sunscreen:** this formulation absorbs into the top layer of the skin and reacts with it to absorb UV rays, and convert them into energy before they can harm the skin. This formulation is oftentimes thinner in consistency than physical sunscreen, but will need to be applied (to absorb) 20–30 minutes before sun exposure.
 - Pros: less product is needed, thinner to spread on skin, applies invisibly
 - Cons: requires time to be effective, can irritate the skin and exacerbate acne, rosacea, and hyperpigmentation, frequent application is a must
- **Physical/mineral sunscreen:** this formulation is oftentimes indicated by its “white cast” left on your skin after application. That is because the ingredients sit on top of the skin and deflect/reflect the sun's ray, almost like a shield.
 - Pros: effective immediately, will not clog your pores
 - Cons: frequent application, white cast

Note: whilst there are many products advertised to include sunscreens in the formulations (like foundations and AM moisturizers), it is best to use a designated SPF product to get the optimal effectiveness of sun protection.

Staff picks of SPFs:

- Mixing Cetaphil face lotion and Cerave AM to make a light-weight moisturizing sunscreen
- Ilia Super Serum Skint tiny SPF 40 (tinted moisturizer)
- Dr.Jart+ Premium BB cream
- Beauty of Joseon Relief Sun: Rice + Probiotic SPF50
- Isntree Hyaluronic Acid Water Sun Gel SPF50+

Q-URIOUS SEATTLE BUSINESSES

By Sydney Flyge

If you're new to Seattle like I was Freshman year, you may be on the prowl for some affirming and accepting local businesses that you can support while still getting exactly what you want and need, and more.

HORTICULTURE

booSH Plant Nursery

A black owned horticulture hot spot in central district known for its diverse selection of plants and pottery

LIVING DECOR

Aquascape Studio & Supply:

LGBTQ+ Pacific Islander owned interior design shop in Issaquah

HEALTH AND FITNESS

FUELhouse

Queer POC owned fitness studio

HAIR & BEAUTY

Pink Ruby Hair Salon

Queer Owned, Cruelty Free, Green Circle

COMICS & CREATIVE

Push Pull

Comic, Zine, and Art Store

COFFEE

Black Coffee NW Cloud City

QueerRun Coffee House in Mapleleaf (accessible via lightrail to Northgate)



ILLUMINATIONS GRANT

A \$10,000 grant in its third year, the Illuminations Grant for Black Trans Women Visual Artists supports visual artists who are self-identified Black trans women and trans femmes. This grant is made possible entirely through support provided by visual artist Mariette Pathy Allen with key consultancy by Aaryn Lang. **The grant will also provide a \$1,250 award to each of four distinguished finalists.**

The Illuminations Grant is administered through Queer|Art with a rotating panel of judges, each of whom will conduct a studio visit with the winning artist as part of the award's focus on supporting creative and professional development. Judges for the 2022 grant cycle include **Jonathan Lyndon Chase, Kimberly Drew, and Connie Fleming**. Queer|Art staff will also support the winning artist with consultations and further access to many of the tools they have developed in conjunction with the organization's cornerstone creative and professional development program, Queer|Art|Mentorship.

Qualified artists must **be self-identified Black trans women and trans femmes** working in visual art and based in the United States. Applications are open **March 31, 2022–June 30, 2022**. Learn more and apply [here](#).

For questions, email Queer|Art Award Manager, Dani Brito at dbrito@queer-art.org.



Q CENTER PROGRAMS



Q Center — Job Fair 2022

Take pride in your work!

When: Thursday, May 26th
2:30 PM - 3:30 PM

Where: Husky Union Building
& Zoom (Hybrid)



RSVP Today

Q CENTER PROGRAMS

INTERPRETING INTERSECTIONALITY

JOIN THE Q CENTER & LOCAL NON-PROFIT HOPELINK'S DONNA TO LEARN MORE ABOUT FINANCIAL FREEDOM & LITERACY!



20
May

FROM 2:00-3:00
HUB 307



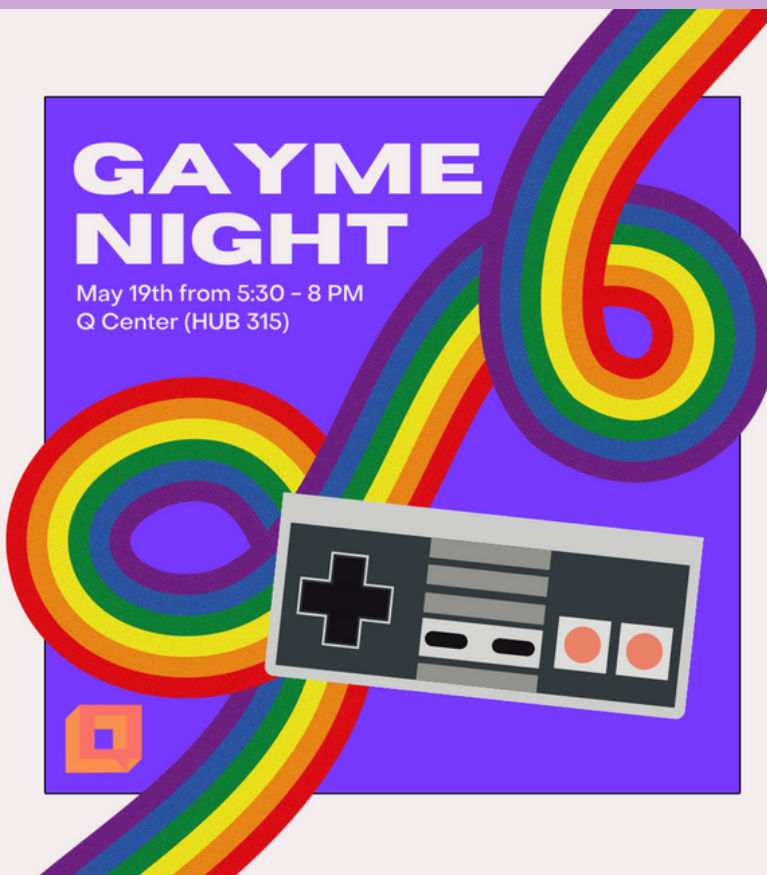
Contact ocuff@uw.edu with questions, comments or concerns!



Access Info: The event venue is mobility aid accessible. An accessible and gender-neutral washroom is available adjacent to the event space. Please arrive scent-free. If you require ASL and/or CART captioning please contact ocuff@uw.edu & dcenter@uw.edu to arrange at least 10 days prior to the event. For any other access needs or inquiries, please email ocuff@uw.edu

GAYME NIGHT

May 19th from 5:30 - 8 PM
Q Center (HUB 315)



PRESS Q TO CONTINUE

April showers bring May flowers, as the saying goes. This month, I'm stepping away from the content inside games and focusing on the queer gaming community, which much like the cherry blossoms in the Quad, has really blossomed these past few years.

There are now more LGBT streamers, let's-players, and creators now than ever. There are streamers like the Californian drag queen Deere, the queer and black blizzb3ar, trans feminine Nikatine, and so many more. Let's players include the veteran MrKravin, asexual and aromantic JaidenAnimations, pink-haired, full-bearded Adam Koebel, and so on. Game creators and writers include David Gaider, the openly gay lead writer and creator of the famous *Dragon Age* series, and Maddy Thorson, transfeminine creator of popular indie games *Towerfall* and *Celeste*.

It's no coincidence that with the rise of LGBT creators in the gaming industry, there is a rise in (good) representation. *Dragon Age* is lauded as one of the games with the best queer romances- in *Inquisition*, perhaps its most popular game, it boasts at least four different romanceable queer characters, with numerous minor characters that are queer- including Krem, the transmasculine vice commander of Iron Bull's (one of the romanceable queer characters) mercenary group. Its other games also have just as much (if not more) representation. In Maddy's *Celeste*, the main character is canonically transgender.

But queer creators don't only directly influence queer representation in games, they also indirectly influence it. With the rise of queer voices in gaming communities, popular games and development companies feel pressured to include some diversity in their games. Take *Overwatch*, for example, which since its release, has confirmed its two most popular heroes- Tracer and Soldier: 76- as lesbian and gay, respectively. Even games made overseas, such as *Fire Emblem*, have expanded their queer romance options. *Fire Emblem* has gone from no choices to one queer minor character, to one queer romanceable choice, to a whopping seven queer options AND some more same-gender pairings in *Fire Emblem: Three Houses*. Talk about improvement.

Of course, these large games don't always have the most positive representation, and the motive behind debuting these queer characters is often more about money than anything else. What I always recommend if you want a better rep is to support independent content creators, like Maddy Thorson, queer streamers, and queer let's play-ers. Check out the ones I've mentioned in this article and do some exploring on your own!



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ABOUT THE NEXT ISSUE

Hello, all! We hope the spring quarter is treating you amazingly. As next month is June, the next issue of the Q Community Newsletter will center on pride. Join us to celebrate our fantastic community and highlight some fun pride events. Scheduled to release Friday, June 10th.

- Anthony, Q Center Assistsant Director