

Behaviors of Concern

Call **9-1-1** if you anticipate an *immediate* threat to health or safety.

Do *NOT* handle the situation alone. Consider reaching out to a **Colleague** and/or the trainee's **Program Director** to support you.

DO call **SafeCampus UW (8 am to 5 pm) 206-685-7233** (<https://www.washington.edu/safecampus/>) available for consult, support and help with your role in safety planning.

Afterhours or weekends: Call 24/7 Crisis Resources:
<https://www.washington.edu/safecampus/after-hours-resources/>

Reasons to call SafeCampus:

Experiences (yours or someone else's), including:

- Inappropriate behavior from a student, staff or faculty member
- Verbal or online threats
- Neglect or abuse of a minor
- Sexual assault, sexual harassment, stalking or relationship violence

Concerning behaviors in another person, including:

- Dramatic changes in personality, mood or behavior
- Withdrawing from friends, workplace or academics
- Unusual irritability, outbursts of anger or violence
- Making comments or online posts about harming themselves or others
- Crossing boundaries (for instance, excessive phone calls, emails and/or visits)
- Making references to school shootings and/or identifying with mass shooters

When you call, trained professional staff at Safe Campus will talk you through options and connect you with additional resources. You can consult and remain anonymous if you prefer. (Also refer to the *Suicide Concerns* page:
<https://www.washington.edu/safecampus/suicide-concerns/>)

After you've finished consulting with Safe Campus and following the plan you make together, contact the [GME Wellness Team](#) for follow up care and consultation.